

## What can you do?

### 1. Find out about your rights:

- get more information from the kit Indigenous Women and Discrimination - Get the Facts: Know Your Rights available from HREOC or your local Aboriginal Legal Service or Women's Legal Service, or
- get some advice from HREOC, an Aboriginal Women's Legal Service, union, legal centre or working women's centre.

### 2. Talk to someone:

- talk to a friend or family member about what happened and what you would like to do
- talk to the person or organisation causing you problems

### 3. Stand up for your rights - make a complaint:

- call HREOC, your State or Territory anti-discrimination agency, a legal service, your union, or other organisation who can help you with advice on making a complaint.



## For more information contact

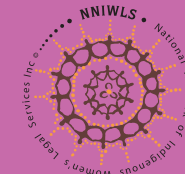


### The Human Rights and Equal Opportunity Commission (HREOC)

Complaints Info Line: 1300 656 419

TTY: 1800 620 421

Email: [complaintsinfo@humanrights.gov.au](mailto:complaintsinfo@humanrights.gov.au)



### The National Network of Indigenous Women's Legal Services Inc.

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# Discrimination and Aboriginal and Torres Strait Islander Women

## Get the facts: Know your rights

For many Aboriginal and Torres Strait Islander women, discrimination is still a very common experience.

Discrimination can happen because of the colour of your skin, because you are Aboriginal or a Torres Strait Islander, or because you are a woman.

Discrimination on the basis of race, sex and disability is against the law in Australia. This includes discrimination because you are pregnant or breastfeeding.

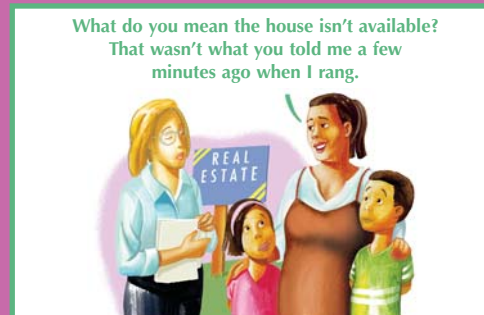
## You can help stop discrimination.

This leaflet explains your rights and how you can stand up for them.

### Racial Discrimination

means being treated differently because you are Aboriginal or a Torres Strait Islander person or because of the colour of your skin. Examples include:

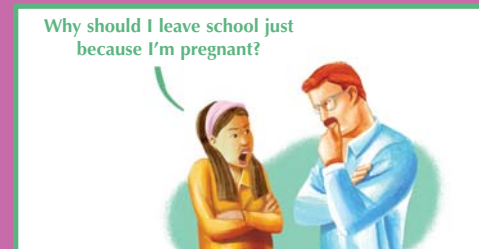
- being treated rudely or refused service in a shop because you are an Aboriginal person
- being racially abused at work
- being unfairly hassled by the police and
- being refused rental housing because you are a Torres Strait Islander



### Sex Discrimination

means you are treated unfairly because you are a woman, you are pregnant or you may become pregnant, you are breastfeeding, because of your marital status, or your family responsibilities. Example include:

- being sexually harassed at work
- being sacked because you need to take time off to care for your sick mother
- being asked to leave school because you are pregnant and
- being told to leave a café because you are breastfeeding your baby



### Disability Discrimination

means being treated unfairly because you have a disability, injury or illness. Examples include:

- losing your job because you are HIV positive
- not being able to get into a government office because you use a wheelchair and
- not being able to travel in a taxi with your guide dog

